

## FRESHMAN VOLLEYBALL 2023

JUNE 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
	DEAD WEEK					
11	12	13	14	15	16	17
	JR KNIGHTS VOLLEYBALL CAMP 8:30-NOON MAIN GYM					
18	19	20	21	22	23	24
25	26	27	28	29	30	
	Freshman 11:30-2:00pm					

JULY 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3	4	5	6	7	8
	DEAD WEEK					
9	10	11	12	13	14	15
	Freshman 11:30-2:00pm					
16	17	18	19	20	21	22
	Freshman 11:30-2:00pm					
23	24	25	26	27	28	29
	Freshman 11:30-2:00pm					
30	31					
	TWO-A-DAYS BEGIN					

AUGUST 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
TWO-A-DAYS 6:30-7:30 CONDITIONING 4:00-6:00 REGULAR PRACTICE						
6	7	8	9	10	11	12
		SPIRIT NIGHT @ FROM THE EARTH		<b>PRACTICE</b>		
13	14	15	16	17	18	19
		<b>PRACTICE</b>	JV & Freshman @ Duluth 6:00 Grayson 7:00 Duluth	HOME JV & Varsity <b>PRACTICE</b>		
20	21	22	23	24	25	26
	Jr. Knights @ HOME <b>PRACTICE</b>	HOME JV & Varsity <b>PRACTICE</b>	HOME Freshman VS Creekview 5:30 Creekview 6:30 Creekview & Riverwood 7:30 Riverwood	<b>PRACTICE</b> Main gym		Paint Can Fundraiser
27	28	29	30	31		
	Freshman @HOME 5:30 Dunwoody 7:30 Alpharetta	Varsity @HOME <b>PRACTICE</b>	JV @Home <b>PRACTICE</b>	<b>NO PRACTICE</b>		

SEPTEMBER 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
					1 NO PRACTICE	2
3	4 Labor Day	5 Teacher Workday PRACTICE	6 Professional Development (NO SCHOOL) Varsity practice 3:30-5:30 JV & Freshman Home 5:30 Johns Creek 7:30 St. Pius	7 PRACTICE	8	9
10	11 Jr Knights @ home PRACTICE	12 JV & Varsity @Home PRACTICE	13	14 Varsity @home PRACTICE	15	16
17	18 PRACTICE	19 PRACTICE Main gym	20 Freshman @home Blessed Trinity 5pm B.T	21 PRACTICE	22	23
24	25 PRACTICE	26 PRACTICE	27 Freshman @Creekview Jr. Knights @home 5:30 BT	28 SENIOR NIGHT 5pm Milton 6pm Milton-Roswell CEREMONY 7pm Roswell	29	30 Freshman & JV @Suwanee Sports Academy Time TBA

OCTOBER 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3 'PINK OUT' Varsity @Home 5pm Pace Academy	4 JV & Freshman @St Pius Time TBA	5 JV & Varsity @Mt. Pisgah Mt. Pisgah Walker	6	7
8	9 Columbus Day	10 Teacher Workday VARSITY PRACTICE	11 Professional development 1 <sup>st</sup> round of REGIONALS (Hosting school-tentative)	12	13 1 <sup>st</sup> round of REGIONALS	14
15	16	17	18	19	20	21
22	23	24	25 SWEET SIXTEEN	26	27	28
29	30	31				

NOVEMBER 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
			1 ELEETE EIGHT	2	3	4 STATE
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		