

JUNE 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
	DEAD WEEK					
11	12	13	14	15	16	17
	JR KNIGHTS VOLLEYBALL CAMP 8:30-NOON MAIN GYM					
18	19	20	21	22	23	24
25	26	27	28	29	30	
	JV & Varsity 8:30-11 Freshman 11:30-2:00pm					

JULY 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3	4	5	6	7	8
	DEAD WEEK					

9	10	11 JV & Varsity 8:30-11 Freshman 11:30-2:00pm	12	13	14	15
16	17	18 JV & Varsity 8:30-11 Freshman 11:30-2:00pm	19	20	21	22
23	24	25 JV & Varsity 8:30-11 Freshman 11:30-2:00pm	26	27	28	29
30	31 TWO-A-DAYS BEGIN					

AUGUST 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5

TWO-A-DAYS						
6:30-7:30 CONDITIONING 4:00-6:00 REGULAR PRACTICE						
6	7	8	9	10	11	12
		SPIRIT NIGHT @ From the Earth (10% of check goes to CHS VB)		JV & Varsity @ Creekview Kell Creekview		Varsity @ Woodstock
13	14	15	16	17	18	19
		Varsity @Johns Creek JC Sequoyah	JV & Freshman @ Duluth 6:00 Grayson 7:00 Duluth	HOME JV & Varsity VS Alpharetta		JV @Sequoyah Varsity @ So. Forsyth
20	21	22	23	24	25	26
Jr. Knights @ HOME 5:30 Norcross:30 aaa 6:30 Roswell & Norcross 7:30 Roswell		HOME JV & Varsity Lassiter	HOME Freshman VS Creekview 5:30 Creekview 6:30 Creekview & Riverwood 7:30 Riverwood	JV & Varsity @ Riverwood		Paint Can Fundraiser Jr. Knights at Pope
27	28	29	30	31		
Freshman @HOME 5:30 Dunwoody 7:30 Alpharetta JV @Kings Ridge Jr. Knights @Norcross		Varsity @HOME 5:30 Central Forsyth 7:30 Mt. Bethel Christian	JV @Home 5:00 6:00Roswell 7:00 Jr. Knights	NO PRACTICE		

SEPTEMBER 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
					NO PRACTICE	
3	4	5	6	7	8	9
	Labor Day	Teacher Workday PRACTICE	Professional Development (NO SCHOOL)	JV & Varsity @Kell 5:30 Kell		

			Varsity practice 3:30-5:30 JV & Freshman Home 5:30 Johns Creek 7:30 St. Pius	6:30 GAC		TENTATIVE - Jr Knights Hosted Tournament (need volunteers)	
10	Jr Knights @ home Johns Creek	11	12 JV & Varsity @Home 5:30 NorthSprings 7:30 Cambridge	13	14 Varsity @home 5pm Duluth 7pm Kings ridge	15	16 Jr. Knights @ A5
17		18	19 JV & Varsity @Chattahoochee Northview Hooch	20 Freshman @home Blessed Trinity	21 Varsity @Pace 6pm North Atlanta 7pm Pace Academy JV @North Atlanta 6pm Pace 7pm North Atlanta	22	23 Varsity @Suwanee Sports Academy
24		25	26 JV @Dunwoody Varsity @Kings Ridge 5:30 Kings Ridge 6:30 Woodstock	27 Freshman @Creekview Jr. Knights @home 5:30 BT	28 SENIOR NIGHT 5pm Milton 6pm Milton-Roswell CEREMONY 7pm Roswell	29	30 Freshman & JV @Suwanee Sports Academy

OCTOBER 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3 'PINK OUT' Varsity @Home 5pm Pace Academy	4 JV & Freshman @St Pius	5 JV & Varsity @Mt. Pisgah Mt. Pisgah Walker	6	7
8	9 Columbus Day	10 Teacher Workday VARSITY PRACTICE	11 Professional development 1 st round of REGIONALS (Hosting school-tentative)	12	13	14 1 st round of REGIONALS
15	16	17	18	19	20	21

22	23	24	25	26	27	28
			SWEET SIXTEEN			
29	30	31				

NOVEMBER 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2	3	4
			ELITE EIGHT			STATE
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		