

Jr. Varsity Volleyball

JUNE 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
	DEAD WEEK					
11	12	13	14	15	16	17
	JR KNIGHTS VOLLEYBALL CAMP 8:30-NOON MAIN GYM					
18	19	20	21	22	23	24
25	26	27	28	29	30	
	JV & Varsity 8:30-11					

JULY 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3	4	5	6	7	8
	DEAD WEEK					
9	10	11	12	13	14	15
	JV & Varsity 8:30-11					
16	17	18	19	20	21	22
	JV & Varsity 8:30-11 (Aux gym)					
23	24	25	26	27	28	29
	JV & Varsity 8:30-11					
30	31					
	TWO-A-DAYS BEGIN					

AUGUST 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
TWO-A-DAYS 6:30-7:30 CONDITIONING 4:00-6:00 REGULAR PRACTICE						
6	7	8	9	10	11	12
		SPIRIT NIGHT @ FROM THE EARTH		JV & Varsity @ Creekview Kell Creekview		
13	14	15	16	17	18	19
		PRACTICE	JV & Freshman @ Duluth 6:00 Grayson 7:00 Duluth	HOME JV & Varsity VS Alpharetta 5:30 JV 6:30 Varsity		JV @Sequoyah Times tba
20	21	22	23	24	25	26
	PRACTICE Aux gym	HOME JV & Varsity Lassiter	PRACTICE Aux gym	JV & Varsity @ Riverwood 5pm Riverwood 6pm Wheeler		Paint Can Fundraiser
27	28	29	30	31		
	JV @Kings Ridge (5:30 & 6:30)	PRACTICE Aux gym	JV @Home 5:00 6:00 Roswell 7:00 Jr. Knights	NO PRACTICE		

SEPTEMBER 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
					1 NO PRACTICE	2
3	4 Labor Day	5 Teacher Workday PRACTICE	6 Professional Development (NO SCHOOL) JV & Freshman Home 5:30 Johns Creek 7:30 St. Pius	7 JV & Varsity @Kell 5:30 Kell 6:30 GAC	8	9
10	11 Jr Knights @ home Johns Creek PRACTICE Aux gym	12 JV & Varsity @Home 5:30 NorthSprings 7:30 Cambridge	13 PRACTICE	14 Varsity @home PRACTICE Aux gym	15	16
17	18	19 JV & Varsity @Chattahoochee Northview Hooch	20 Freshman @home PRACTICE Aux gym	21 JV @North Atlanta 6pm Pace 7pm North Atlanta	22	23
24	25	26 JV @Dunwoody	27 Jr. Knights @home PRACTICE Aux gym	28 SENIOR NIGHT 5pm Milton 6pm Milton-Roswell CEREMONY 7pm Roswell	29	30 Freshman & JV @Suwanee Sports Academy Time TBA

OCTOBER 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3 'PINK OUT' Varsity @Home 5pm Pace Academy	4 JV & Freshman @St Pius Time TBA	5 JV & Varsity @Mt. Pisgah Mt. Pisgah Walker	6	7
8	9 Columbus Day	10 Teacher Workday VARSITY PRACTICE	11 Professional development 1 st round of REGIONALS (Hosting school-tentative)	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
			SWEET SIXTEEN			
29	30	31				

NOVEMBER 2023						
SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2	3	4
			ELEETE EIGHT			STATE Lake Point
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		